

About me

I am a registered speech and language therapist with over 25 years' experience working with children of all ages. I am trained in Feuerstein's Instrumental Enrichment programme.

Children are seen in a warm and friendly atmosphere which ensures that they feel supported and encouraged.

I provide advice and support for parents and families dealing with the social, emotional and cognitive effects of a child's communication difficulty.

I offer school visits and liaison, as well as training courses for teachers and learning support staff, and can help in setting up Individual Education Plans.

HPC MASLTIP MRCSLT

Contact

I would be delighted to hear from you. Please contact me on:

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My published books:



Joshy finds his Voice

A charming story about a young child who has speech and language delay. The book describes his progress through speech and language therapy, and also depicts how it feels from the point of view of Joshy himself, as well as his mother and his speech therapist. An easy-to-read adventure story with valuable information for parents and teachers about this little-understood condition.



Voices from the Sand

The story of a teacher in a township preschool in South Africa, where most children live in conditions of economic deprivation and violence. The teacher uses the innovative methods of Cognitive Education and achieves remarkable results with her students. A heart-rending but ultimately optimistic description of township life and of the changes that are possible.



The Voice of the Xenolith

Thirteen-year-old Amethyst has Selective Mutism. She prefers to be on her own, speaking to as few people as possible. She spends her time reading detective stories and collecting fossils. She makes use of her detection skills to search for someone who was murdered 70 years ago, and in doing so she finds her own voice.

Cynthia Pelman

Speech and Language Therapy
Special Educational Needs Consultant



Helping children reach their potential
- and beyond

www.cynthiapelman.com

Assessment, advice and therapy

Speech

For children who have speech problems: difficulty pronouncing some sounds, difficulty being understood, speech delay, Developmental Verbal Dyspraxia.

Language

For children who have language problems: delayed or disordered language, shy children who talk very little, children who do not understand us when we talk to them or who cannot follow instructions.

Learning

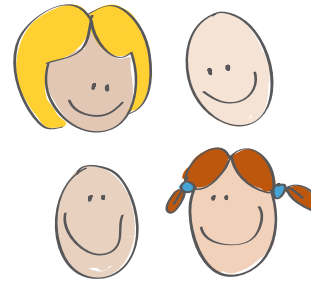
For children struggling to learn at school: difficulties with attention and concentration, learning new material, understanding what they have read, remembering what they have learned.

Handwriting

Teaching children to achieve neat, legible handwriting in 30 easy steps. Your child will appear more confident, enjoy writing tasks and achieve better marks at school.

How it works

We talk on the phone and you give me a brief summary of your concerns. We book an initial meeting, with or without your child, depending on your preference.



Assessment

We book an appointment for an initial assessment of your child's communication skills. This can be a brief screening assessment or a more comprehensive assessment spread over separate sessions. The length of the assessment will depend on your child's needs and your preference.

The next step

Once I have analysed and summarised the assessments, I provide a written report. We meet to discuss the findings. At this stage we decide whether you would like to book your child for a limited series of therapy sessions. Alternatively, I can provide advice for further assessment, or refer you to other professionals for different types of therapy.

Therapy

I will provide a written therapy plan which will be created in consultation with you. Therapy sessions take place once or twice a week. Depending on the age of your child, I would ask you to stay with us during therapy so that I can explain what I am doing and help you participate in developing your child's language and learning skills.

School Liaison

If you wish, I will visit your child at school to observe his/her learning and communication skills. I also offer participation in school meetings, where I can act as the advocate for your child's communication needs.

I provide training and advice to family and school staff.

“ I believe that all children can learn and grow, no matter what their current situation or difficulties. ”

